



Wanomichi Takemusu Aiki Seminar with Daniel and Sonia Toutain (8th and 5th Dan) in Jena on 07.-08.03.2026



We are happy to welcome one of the European Aikido pioneers in Jena for the 4th time. Daniel Sensei has studied Aikido in each case for 10 years direct by Noro, Tamura and Saito-Senseis. You can see him in Saito's book classics "Takemusu Aikido" and video "Budo".

Sonia Sensei was for long time responsible for foreign uchi-deshi in Iwama Dojo. She is also a highly qualified Ashtanga Yoga and macrobiotic nutrition instructor.



Location: USZ-Dojo, Oberaue 1, 07745 Jena.

Saturday

10:00-12:30 1st keiko and yoga

15:00-17:30 2nd keiko and yoga

afterwards: Dinner, come together

Sunday

09:00-10:00 Special keiko for advanced aikidoka*

10:05-12:15 3rd keiko

Price: 80 €

*the special keiko costs 10€ extra.

socially disadvantaged persons pay according to own possibilities



Registration

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Wanomichi Aiki



Takemusu Aiki Dojo Jena

We assume no liability for any injury to personnel or damage to equipment. Please take care about insurance cover