



vielfältig. leben. bewegen,»

# Aikido Seminar mit Daniel und Sonia Toutain in Jena on 20.-21.06.2020

**Location:** USZ-Dojo, Oberaue 1, 07745 Jena.

## Saturday

**10:00-11:50** Kaizen Dosa + Taijutsu

**12:00-13:00** Bukiwaza

**16:00-17:00** Bukiwaza

**17:10-18:40** Taijutsu

**19:30:** Dinner

## Sunday

**09:00-10:00** Special Keiko for advanced students

**10:00-11:00** Bukiwaza

**11:10-12:30** Taijutsu

## Price: about 60€

the special keiko costs 10€ extra

socially disadvantaged persons pay according to own possibilities

**Kaizen Dosa part** is free of charge and open for all interested persons!

## Registration

[alexander.kessler@uni-jena.de](mailto:alexander.kessler@uni-jena.de), +49 1577 6816433

**Sleeping** in dojo is possible, but we recommend a hotel because the ventilation is loud and cannot be switched off.

**We assume no liability for any injury to personnel or damage to equipment. Please take care about insurance cover**

